

Dear All,

Welcome to the July edition of the NATTINA Trial Update.

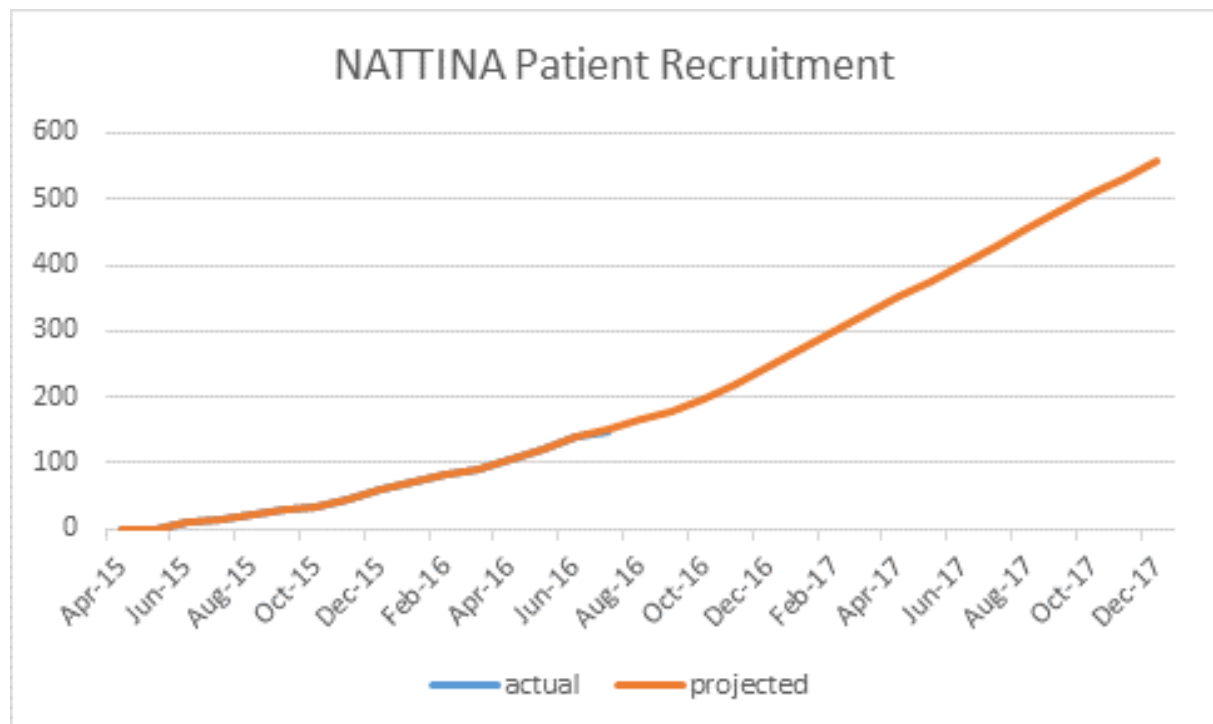
Thank you for your ongoing support with the trial, we couldn't do it without you.

Recruitment update

There are now a total of **146** patients randomised to the NATTINA, and June was our highest recruitment month so far. Thank you for helping us to get to this significant stage in recruitment.

However, as you can see from the graph below we are behind our target for the end of July 2016. However, Alexander and Rebecca have been working hard bringing on new sites, and it is hoped that they will be set up and recruiting soon to help improve our overall recruitment.

Site	Opened	Apr-15	May-15	Jun-15	Jul-15	Aug-15	Sep-15	Oct-15	Nov-15	Dec-15	Jan-16	Feb-16	Mar-16	Apr-16	May-16	Jun-16	Jul-16	Total
Newcastle	14/04/2015	0	1	1	1	1	1	0	0	3	1	3	0	3	2	3	0	20
Aberdeen	07/05/2015		0	5	2	1	1	3	3	2	1	0	0	0	2	1	2	23
Glasgow	12/05/2015		0	3	2	2	2	1	1	3	4	2	0	2	3	5	1	31
Bradford	20/07/2015				1	2	2	0	5	1	4	1	1	1	1	3	1	23
Sunderland	28/07/2015					0	0	0	0	0	0	1	1	1	0	0	1	4
Guys	19/10/2015							0	2	5	1	2	4	3	0	3	3	23
Dundee	21/10/2015								1	1	2	1	3	2	2	1	0	13
Wigan	08/02/2016											0	1	2	2	0	1	6
Cumberland	15/02/2016											0	0	0	2	1	0	3
Dorset	16/02/2016											0	0	0	0	0	0	0
Birmingham	17/02/2016											0	0	0	1	1	0	2
Frimley	11/03/2016												0	0	1	0	0	1
Sheffield	24/03/2016													0	0	0	0	0
Total		0	1	9	6	6	6	4	12	15	13	10	10	14	16	18	9	149



Program Meeting – Friday 24th June 2016

On Friday 24th June we held our first NATTINA Program meeting here at Newcastle University, attended by 17 site staff from across the country.

The meeting was a great chance for the site staff to get together to share ideas on recruiting and retaining patients, to have an opportunity to meet the NATTINA Trial Team and to provide each other with some moral support.

Some very useful ideas were shared on recruitment and retention of patients, and here are a few that you might like to consider when you are talking to patients at your clinics:

- ❖ Call patient ahead of baseline visit and discuss the different options and address potential concerns
- ❖ Ensure that the patient feels valued
- ❖ Consider those around the patients (i.e. parents or carers)
- ❖ Ensure patients are aware of crossover options if they ask to withdraw and when they consent
- ❖ Collect a variety of contact options for the patient at recruitment
- ❖ Contact GPs to try and track down 'missing' patients whose contact details may have changed
- ❖ If you are concerned that email to participants are being deleted as JUNK/SPAM contact the NCTU
- ❖ Get an individual feel for patients to gauge how many contacts and of what type would be appropriate/most effective (the more routes of contact the less likely to lose them)
- ❖ Sit in on other clinics and share best practice
- ❖ Contact well recruiting site to share experience

There were also some useful points raised by sites staff that the NCTU are trying to implement in the near future;

- ❖ Use budget for additional patient travel costs
- ❖ STAR returns in electronic format
- ❖ Divide incentives (vouchers), so that something can be given earlier
- ❖ Use budget to purchase cheap mobile phones for nurses to use for follow up contact and/or 'motivational' messages
- ❖ Review of NATTINA website – please email Amy if you have any contributions that you would like to make - amy.collins@newcastle.ac.uk

A more detailed list is attached to this email.

All of those who attended will be receiving a certificate (electronically) by 1st August, but if you have not received this by then, please get in touch with Amy our Trial Secretary (amy.collins@newcastle.ac.uk), and she will happily send this out to you.

Qualitative Research

A reminder to staff in Scotland, the North East, the North West and London, we have now reached data saturation and will not require more participants for the Qualitative interviews in these areas, so you will not need to send EOI forms anymore.

Eligibility Checklist

Just a reminder that the Eligibility Questionnaire should be completed returned via fax with the patient consent and contact form.

As ever, if you have any queries or concerned please do not hesitate to get in touch with Alexander or Rebecca, who will be happy to assist.

Keep up the excellent work and again thank you for supporting NATTINA.

Best Wishes

Amy, Rebecca and Alexander